

BIODYNAMICS

Renewing Human and Natural Systems Through Agriculture

Eighth Annual On-Farm Workshop

June 17-18th (16th & 19th), 2011

S&S Homestead Farm, Lopez Island, Washington

Pre-workshop session:

Thursday, June 16th

- 1-4 "Soil fertility: composts, cover Crops, BD preparations" (Lecture and demonstration)
- 5-6 Farm dinner
- 7-8 Film showing: "Terra Madre" (location TBA)

Workshop begins:

Friday, June 17th

- 7-12 On-Farm slaughter of beef and lamb using Mobile Unit (Island Grown Farmers' Coop / butcher and crew)
Composting of slaughter offal (demonstration & practice / Henning)
- 12-1 Harvest animal sheaths (demonstration & practice / Barry & Henning)
- 1-2 Farm lunch
- 2-5 Making BD preparations (demonstration & practice / Barry & Henning)
- 5-6 "The BD preparations: for what are we preparing?" (lecture / Barry)
- 6-7 Farm dinner

Saturday, June 18th

- 8-9 Farm breakfast
- 9-11 Food fermentation and preservation (demonstration & practice / Elizabeth)
- 11-12 "Rudolf Steiner's concept of nutrition in the light of Weston Price's research and modern biochemistry" (lecture / Roy)
- 1-2 Farm lunch
- 2-5 Making BD preparations (demonstration & practice / Barry & Henning)
- 6-7 Farm Dinner

Post-workshop session:

Sunday, June 19th

- 8-9 Farm breakfast
- 9-12 "Goethe's Color Theory on the Farm" (demonstration & practice / Henning)
- 12-1 Farm lunch
- 1-3 "Goethe's Theory of Plant Morphology" (demonstration & practice / Barry)
- 2-4 "How to Form a Healthy Farm Organism:" water catchment, rotational grazing, vegetable & fruit production, small grains, hay and forage (farm walk / Henning)

Limited space is available.

**For workshop details and registration: www.sshomestead.org or please contact:
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